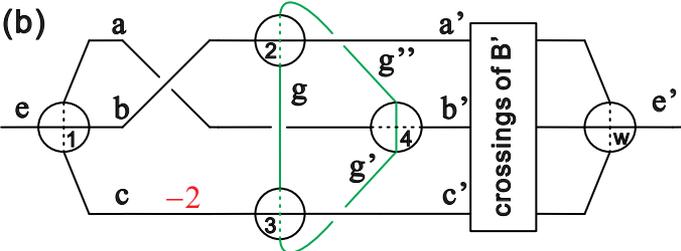
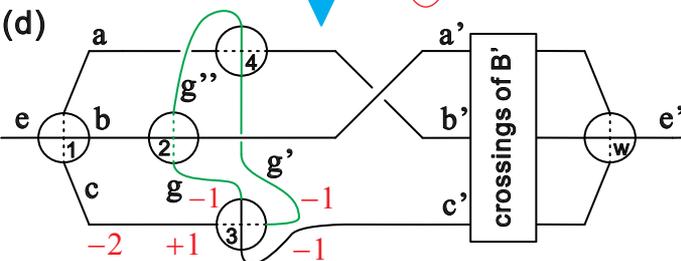
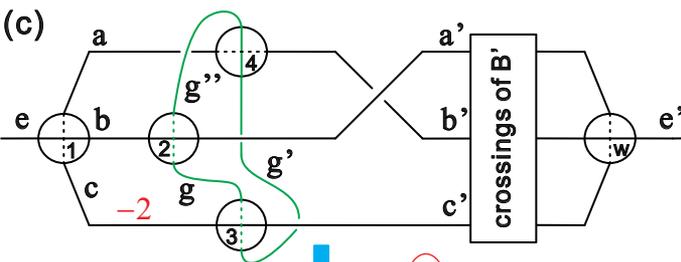


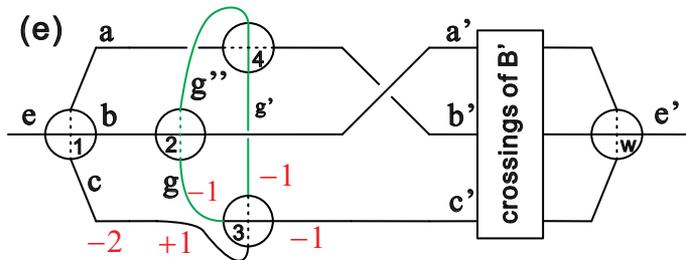
2 \leftrightarrow 3 move on nodes x & y



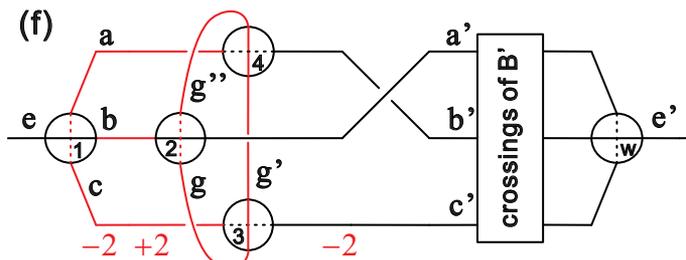
Translate node 2, 3, & 4 to the left.



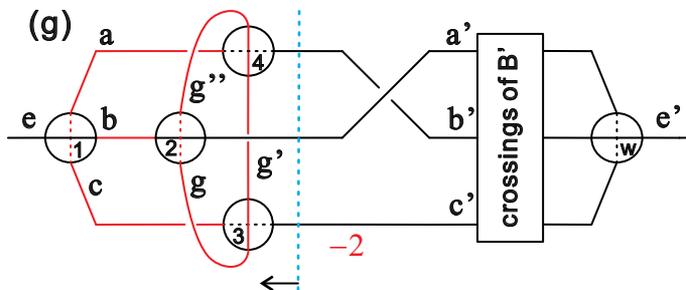
Translate node 3 along c' to the right



This rotation cancels the twists on g and g'



Twists on c cancel



4 \leftrightarrow 1 move on nodes 1, 2, 3, and 4

